

# The Hydrodistillation Process

Auntie Mahi Poe Poe's original La'au Lapa'au tonics are created by Bioponic Phytoceuticals using advanced hydro-distillation apparatus and proprietary production protocols for the preparation of the La'au ingredients.

Fresh Hawaiian grown herbs and materials are brought into the gentle distillation process where the medicinal essence of each plant is extracted in a vaporous steam. Collected via condensation, the hydrosol essences are blended according to the traditional Hawaiian medica and Auntie's special La'au Lapa'au formulas.

Bioponic Phytoceuticals uses only the finest organic and wildcrafted ingredients grown under the optimum conditions of Hawaii. There are no preservatives or additives used, only the La'au and fresh filtered water.

Auntie's health tonics are formulated by combining the most effective herbal ingredients to treat a wide variety of ailments, and can be used to restore health and prevent disease.

# Auntie's Health Tonics



Olena, Makena, Lokelani O Maui, Kauna'oa O Kai, Limu Kekai, Ha'ole, Hale Ali'i, Alaea, Ola'a, Malamalama, Green Papaya, Wapini, Hinano Awa, Pu'uwai Omai'a, Maluhia, Wai'ole, Hinano Rose, Pukoli Hi, Malai Lena, Kamomi O Kekai & Waimaka

**Auntie's health tonics are:**

- \* pure plant essences
- \* 100% natural
- \* made from fresh Hawaiian la'au (medicinal plants)
- \* hydrodistilled using pure filtered water
- \* made in Maui, Hawaii



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# Auntie Mahi Poe Poe's™

ORIGINAL LA'AU LAPA'AU TONICS



# The Secret of La'au Lapa'au Healing

Hawaiian La'au Lapa'au healing is based on maintaining a harmonious balance between the elements of nature and the whole being (spiritual, mental, emotional, and physical). Each plant in the La'au Lapa'au medica plays an integral role in restoring the balance.

Each Hawaiian La'au Lapa'au plant is a sacred ancestral voice carefully listened to by each succeeding generation of Kahuna La'au Lapa'au healers. They carry the lineage of communication between the healer and the La'au (plants). By that skill, the relationship between the La'au and humanity is revealed, "the original knowledge of the healing qualities of various plants used has always been and still is revealed by ancestors 'aumakua' in dreams." (Handy, Pukui and Livermore 1934)

Auntie Mahi Poe Poe receives the La'au Lapa'au vision that has "brought through the wisdom of the plants." They are formulated for effectiveness in our modern era. Joining with the distillation science of Bioponic Phytoceuticals, Auntie's pure plant tonics help to create a harmonious natural balance and restore vibrant health.



In Memorium 2004: Auntie Mahi Poe Poe was a practicing Kahuna La'au Lapa'au and Kahuna Lomi Lomi. As a medical intuitive she provided expert diagnosis and treatment for a variety of ailments. Through the guidance of the Kapunas (elders) and using the traditional Hawaiian medica, Auntie designated and formulated the herbal remedies in her La'au Lapa'au tonics.



Olena

Olena, (Turmeric Root) is a broad spectrum remedy for sinus and throat. It protects the liver, stimulating the gall-bladder and acts as a free-radical scavenger. It is used as a general tonic to support the immune system. It helps to clear the throat and can reduce soreness and inflammation. As a blood purifier it can be taken often.



Makena

Makena is a combination of Turmeric root and Spearmint. It is a broad spectrum remedy that is used as a nasal spray for decongestion and sinus problems. It can clear the nasal and throat passages to help clear congestion in the lungs.



Hale Ali'i

Hale Ali'i is the combination of Water-cress - a blood purifier and hypoglycemic herb, Cilantro - a hypoglycemic herb and Olena - a broad spectrum remedy. Auntie recommends Hale Ali'i tonic to treat symptoms of high blood pressure and diabetes.



Wapini

Wapini is a combination of Lemon Grass and Spearmint. It is used as a diuretic, for water reduction and assists the liver. Auntie recommends it be used both internally and on the skin as a topical refresher.



Alaea

Alaea is the pure distillation of Hawaiian red mineral clay. Traditionally it is used as a blood thinner to dissolve clots. Auntie recommends Alaea be used internally to unclog blood vessels, as a treatment for aneurysms, embolisms and thrombosis.



Oma'oma'o Mikana

Oma'oma'o Mikana is used to balance the digestive system, and is also known as an effective digestive and regulatory aid. Auntie recommends Green Papaya be used to minimize the formation of ulcers in the stomach and as a healing tonic for irritable bowels.



Malamalama

Malamalama is a blend of the Awa root and Turmeric root. Awa is a traditional Polynesian drink that is used for relaxation and as a sedative. Combined with Turmeric root, it is a broad spectrum remedy, a relaxing agent and relieves stress.



Limu Kekai

Limu Kekai helps the thyroid function and detoxifies toxins from the body. It also helps to protect against the effects of radiation and eliminates heavy metals, free radicals and toxins. Auntie recommends Limu Kekai tonic to fight degenerative diseases & aging on a cellular level.



Lokelani O Maui

Lokelani O Maui combines the healing properties of Rosemary and Dill. It is an antioxidant tonic. Auntie recommends its use for controlling blood pressure, cholesterol and as a treatment for gout.



Kauna'oa O Kai

Kauna'oa O Kai reduces and eliminates abnormal growths from lymph nodes. It stimulates bone marrow, the production of white blood cells and activates blood platelets. Auntie recommends Kauna'oa O Kai to treat abnormal cellular growths.



Ha'ole

Ha'ole is a combination of Turmeric root, Papaya, and Kauna'oa vine. It is used to cleanse the colon and the gastrointestinal tract. Auntie recommends Ha'ole be used internally for irritable bowels, and to eliminate polyps from the large intestine and colon.



Ola'a

Ola'a is a pure distillation of the leaf of the Noni tree. It is used topically, on the skin, as a treatment for bruises, burns, insect bites, psoriasis, eczema, and other skin related problems. Auntie recommends it to be used externally.



Wai'ole

**Wai'ole** is the blended distillations of quinine and green papaya. Auntie recommends quinine to bring down the temperature of fevers, combined with the digestive qualities of green papaya to calm the nervous system from chills & flu symptoms.



Malai Lena

**Malai Lena** is a pure distillation of Bitter Melon which helps regulate blood sugar levels and keeps body functions operating normally. Auntie recommends it be used to treat Diabetes Mellitus and hypoglycemia.



Hinano  
Rose

**Hinano Rose** is the blended distillation of the lauhala flower & tuberose root. Auntie recommends Hinano Rose for spiritual inspiration that alleviates pressures of the mind, bringing a sense of joy, harmony & well being. A male aphrodisiac.



Hinano Awa

**Hinano Awa** is the blended distillations of the Lauhala flower (hinano) & the awa root (kava kava). Auntie recommends awa to relax the muscles. Hinano is a traditional aphrodisiac which reduces anxiety attacks. Female aphrodisiac



Kamomi  
O Kekai

**Kamomi O Kekai** is the pure distillation of a rare oceanic sand found in a sacred Heiau in Wailea, Hawaii. It is used for treatment of mental & emotional agitation. It calms the mind and spirit, and is especially effective for female related disorders.



Pukoli Hi

**Pukoli Hi** is a pure distillation of baby guava shoots. Psidium guajava is known as a treatment for dysentery stomachache and related digestive tract ailments. Auntie recommends it be used to stop diarrhea & to clean the intestinal track.



Pu'uwai  
Omai'a

**Pu'uwai Omai'a** (banana flower) Cleans the plaque within the mouth and removes cold sores on the lips & inside the mouth. Auntie recommends it to be used to revive the taste buds on the tongue.



Waimaka

**Waimaka** is the distillation of Tradescantia fluminensis. Auntie recommends it be used as an eye wash to clean out dirt and reduce infectious agents that may develop under the eye lids.



Maluhia

**Maluhia** contains: Olena - a broad spectrum remedy that supports the immune system. Bitter Melon which regulates blood sugar levels & Awa - a natural sedative, all combined to promote inner peace, treat colds, cough & flu.